

- 1 The Board recognizes the value of proper nutrition, physical activity, and other health conscious
- 2 practices and the impact that such practices have on student academic achievement, health, and well-
- being. In order to provide an environment conducive to overall student wellness, this policy shall be
- 4 followed by all schools in the district.¹

COMMITMENT TO COORDINATED SCHOOL HEALTH

- 6 All schools shall implement the CDC's Coordinated School Health approach to managing new and
- 7 existing wellness related programs and services in schools and the surrounding community based on
- 8 state law and State Board of Education CSH standards and guidelines. The district's Coordinated
- 9 School Health Coordinator shall be responsible for overseeing compliance with State Board of
- 10 Education CSH standards and guidelines in the school district.

11 SCHOOL HEALTH ADVISORY COUNCIL^{2, 3}

- A school district health advisory council shall be established to serve as a resource to school sites for
- implementing policies and programs and develop an active working relationship with the county health
- council. The council shall consist of individuals representing the school and community, including
- parents, students, teachers, school administrators, health professionals, school food service
- representatives, and members of the public. The primary responsibilities of the council include but are
- 17 not limited to:

5

18

19

20

21 22

23

242526

27

- 1. Developing, implementing, monitoring, reviewing, and as necessary, making recommendations as to physical activity and nutrition policies;
- 2. Ensuring all schools within the district create and implement an action plan related to all School Health Index modules;
- 3. Ensuring that the results of the action plan are annually reported to the council; and
- 4. Ensuring that school level results include measures of progress on each indicator of the School Health Index.
- 28 The State Board of Education's Coordinated School Health and Physical Activity policies shall be used
- as guidance by the council to make recommendations. The Board will consider recommendations of
- 30 the council in making policy changes or revisions.

1 COMMITMENT TO CURRICULUM³

2 All applicable courses of study should be based on State-approved curriculum standards.

3 SCHOOL HEALTH INDEX³

- 4 All schools within the district shall annually administer a baseline assessment on each of the
- 5 recommended School Health Index modules. Results shall be submitted to the School Health Advisory
- 6 Council and reported to the State Department of Education.

7 RECORD KEEPING COMPLIANCE

- 8 The district's Coordinated School Health Coordinator shall ensure that records demonstrating
- 9 compliance with community involvement requirements are maintained. The Coordinated School
- 10 Health Coordinator shall additionally document that the school wellness policy and triennial
- assessments are made available to the public.⁸

Legal References

1. TCA 49-1-1002

2. State Board of Education Policy 4.204

3. State Board of Education Policy 4.206

- 42 USCA § 1758b (Section 204 of the Healthy, Hunger-Free Kids Act of 2010 (Public Law 111-296))
- 5. TRR/MS 0520-01-06
- 6. 7 C.F.R. § 210 and 220
- 7. TCA 49-6-1021
- 8. 7 C.F.R. § 210.31(f)

Cross References

Student Suicide Prevention 6.415